

## **Emergency Plan Contact List:**

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# Launcells

# **Community Emergency Plan 2018**

# Distributed by

# Launcells Parish Council

This leaflet contains hints and information about what to do in the event of a major incident which could affect Launcells. The sort of events which might need a strong community effort include:

- Extended Power Cuts
- Severe weather: snow and ice, flooding or major tree falls following storms.
- Major accident: Road, air, fire etc
- Flu pandemic
- Major animal disease
- Security Emergency

Whilst we normally expect the Emergency Services to react to any incident, you may not be able to immediately contact them. Phone lines/mobile masts may be down or if they are overstretched, or initially physically prevented from getting to Launcells.

So as well as thinking about some of the precautions suggested in this leaflet that might affect your own family please give some thought to what professional skills, equipment and facilities you have, that might immediately assist the community, in the event of a major emergency. For example:

- Do you have a 4 x 4 vehicle, Tractor, Lorry or Van.
- Mechanical digger, trailers or lifting equipment.
- Power tools such as Chainsaws or Portable Cutting Equipment.
- Portable Heaters or Pumps.
- Walkie talkie radios.
- First Aid Supplies
- Accommodation for anyone made homeless or spare food, such as contents of freezers which might otherwise be spoilt.

### Day to day emergencies

Whilst this information is designed to get you thinking about what to do in the event of a major emergency, it is also important to think about what to do in case of a day to day emergency.

Remember to dial "999" if you need urgent and immediate assistance from the Police, Fire, Ambulance or Air Ambulance services.

For less urgent contacts and to report crimes that have happened you should dial "101" which is the non-emergency number. The number for Stratton Hospital is: 01288 320 100 - the hospital is open 24 hours a day.

We know from experience that the people of this Parish are more than willing to assist any neighbour who is in need of help.

#### LIFE SAVING DEFIBRILLATOR



Defibrillator and Response Items:

The Parish of Launcells are pleased to now have access to a defibrillator. The defibrillator and other response items of equipment are situated at the parish hall and will be co-ordinated from the parish hall as per the map overleaf. IF YOU NEED THE DEFIBRILLATOR YOU MUST HAVE A MOBILE TELEPHONE WITH YOU TO RING THE EMERGENCY SERVICES, FOR THEM TO FACILITATE THE RELEASE OF THE MACHINE -A torch will also be very useful. The location is also required and is labeled on the unit.

Located at: Launcells Parish Hall (West St, Grimscott), EX23 9LS (West St, Grimscott), EX23 9LS

#### In most cases - advice is: GO IN, STAY IN, TUNE IN, LOG IN

Station	Frequency	Website
BBC Radio Cornwall	95.2, 96, 103.2 FM	www.bbc.co.uk/radiocornwall
Pirate FM	102.2, 102.8 FM	www.piratefm.co.uk
Heart	105.1, 107 FM	www.heart.co.uk/cornwall
BBC Radio Devon	94.8, 103.4 FM	www.bbc.co.uk/radioodevon

# \*\* Household Emergency Plan \*\*

Emergencies can affect the community with little or no notice. Being prepared can help reduce the effects on your families' lives, reduce the need for help from others and enable you to support the vulnerable in your community.

Complete the following sections and keep the plan in a safe place that all members of your household can easily access.

## How do you turn off the following? Who is responsible?

Electricity Heating Water

### INFORM THE REST OF YOUR FAMILY/HOUSEMATES/NEIGHBOURS

Household Contact Details		
Mobile	Work	
	Mobile	

#### Create an Emergency Box

Be prepared. Creating an emergency box will help you locate essential items quickly in an emergency. You could keep this plan with it.

Suggested Emergency Store Cupboard		
Torch and spare batteries	Toiletries/Toilet rolls	
First Aid Kit & Medication	List of useful contact numbers	
Bottled water	Longlife food & milk	
Candles/Matches	Mobile phone power bank	