

Yoga

I have taught Yoga at Launcells village hall for many years.

I have found over the years the facilities have improved a great deal.

The hall is always clean and tidy, and with the heaters I can get the hall to a nice temperature for teaching Yoga.

The people who run the hall are always very pleasant and most helpful, if I have any problems they are very quickly addressed.

There is always a lovely atmosphere in the class, and that is due to the calibre of people who attend.

It is always a pleasure and never a chore as they say to come along to Launcells.

Kind regards

Diana Sluggett