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## Keeping in touch:

It's nice to keep in touch and it's nice to connect families with a common interest in Penlow.

You may well make new friends while visiting but  
If you use Facebook we have a private group where  
you can connect with others who have loved ones here  
or have chosen to rest here themselves one day.

Search 'Friends of Penlow', you will need to answer  
the joining question.



[www.atlantic-rest.co.uk](http://www.atlantic-rest.co.uk)  
Sheridon - 07775 726 907

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## Four-legged friends:

You are welcome to bring  
your dog to visit. Please  
ensure that they remain on  
a lead at all times and  
remove any presents that  
they might leave!  
Thank you.

## Extra copies of this leaflet:

If you need extra copies of  
this leaflet for family or  
friends - please do not  
hesitate to ask.



## Please enjoy your visit...

Please enjoy the time that you spend at Penlow.

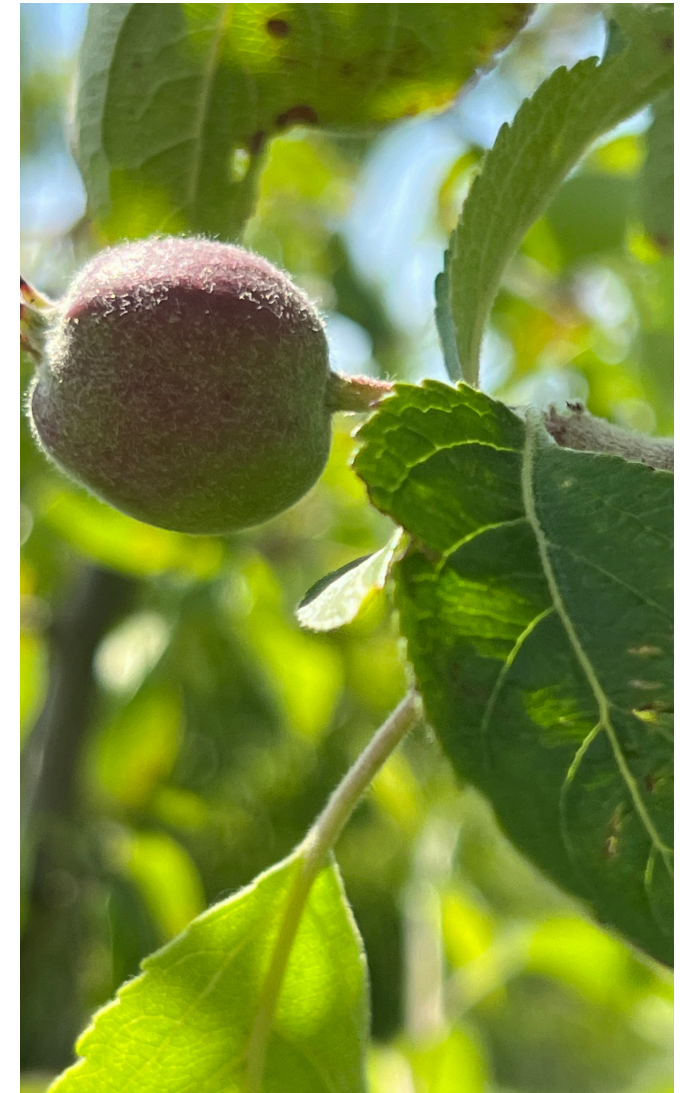
You are very welcome to bring a picnic or read a book -  
whatever you think of that is respectful  
of the space.

I've heard lovely stories and seen  
fantastic photos of families having  
get-togethers at Penlow on special  
occasions.



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# Useful things to know about Penlow.





## Visiting:

### Online calendar available.

You are of course welcome to visit your loved one at Penlow at any time (during day light hours). We realise though that not everyone is comfortable doing so, when a burial is taking place. You can check our online calendar on our website before visiting if you would rather avoid burial times.

### Where are they?

Penlow can change rapidly, both in the seasons and with new residents moving in. It can feel a little disorienting sometimes.

If you aren't quite sure where your loved one is resting - please give me a call. I will be able to guide you to the spot, or direct you via a FaceTime or WhatsApp call. My number is 07775 726 907. I'd hate for someone to visit and leave not knowing if they have visited the right spot.

What3word references can also be provided with prior notice.



## What can I plant?

You will receive native wildflower seeds in the post from us. These won't be posted to you until the ground has settled enough to receive them. The time that it will take the ground to settle isn't an exact science unfortunately, there are many variables.

Periodically we plant wildflower plugs too. It does take a long time for the wildflowers to establish.

You are welcome to plant native bulbs. If flowers arrive that are not native - they will be removed without notice.

## Can I place anything on the grave?

The short answer to this is no. We allow the placing of cut flowers or flowers that are in a biodegradable wreath. To prolong the life of cut flowers you can stick the stems in to the ground slightly. Please do not do this at any steeper angle than 45 degrees.

While we understand that some families go to great lengths to find natural products to place on graves; such as willow, stones and shells - they do not belong at Penlow. It isn't such an issue when the grass is short but when it is long in the summer months - it could cause a danger while mowing to both the operator and the machinery etc. If we accidentally damage items, we will not be able to replace them.

### Trees:

The ground needs to settle first. I will be in touch with a list of trees available in the next tree planting season. This is usually around September/October time.

### Plaques:

Plaques are installed four times per year.

Please let me know via the order form if you would like one.



## Maintenance:

You need not worry about maintenance for your loved one. We will take care of this on your behalf.

Sometimes of the year the grass will be longer than others. We always try to maintain paths to all graves so that you can visit at any time.

Please do not bring power tools to Penlow to trim around graves. Please also do not dig around the edges of the graves. Both actions are prohibited - please respect this at all times.

This leaflet is not meant to be exhaustive, but to answer the most frequently asked questions. Please see our full regulations online.