

RECENT NEWS

Penlow Field - Spring/Summer 2024 - Welcome to our thirteenth newsletter

We welcome to rest...

Whilst our newsletter is slightly later than usual - our number of new residents is a little larger. In 2024 we have welcomed:

Eunice, Fred, Vic, Nick, John H, Sue J, Jane F, Barbara, Ruth, Lynda, Ann, Louise, Paul C, Janice, David, Janis, Jennifer, Baby Robin, Marion with Fred H moving in shortly.



Advance funeral wishes...

I discovered a really useful form on the Natural Death Centre website that helps you to think about all the things that you may or may not like to happen when you die. You can download the form [here](#) on our website or alternatively - I am happy to pop one in the post to you.



New Wildflower Meadow..

As you may know from our last newsletter we have been working towards creating a new meadow area to the right of the path (above photo). The yellow rattle has really taken a hold this year and we've also seen: wild carrot, mallow, cinquefoil, corncockle, cornflower & corn marigold.

Who knows how many flowers the meadow will bring next year, in even more abundance?



Ten year anniversary...

It's hard to believe that Atlantic Rest was officially born 10 years ago now when Audrey became our first resident of Penlow. Since 2014 it has been the utmost privilege to assist families in finding the right place for their loved one, and to help those forward thinkers who are planning where they would like to rest one day.

New address...

We are now in our new home, so I am in the process of changing details on our literature. Should you need to write to us, you can do so at: Wild Bank, Woolley, Morwenstow, Bude, Cornwall, EX23 9PW.



The foxgloves really took a hold in the recently cleared area of Penlow Woods...



Improved parking arrangements...

Just after we published the last newsletter Tom was in the process of clearing off the grids in the overflow carpark and stoning out an area.

This has allowed an easier flow of traffic, especially for the hearse, which of course usually arrives last. The hearse now goes into the overflow carpark, reversing down to the corner of the path. This also removes the need for negotiating the hairpin bend with the trolley.

When attending burials, please stop at the entrance for parking instructions from a member of staff.



Aftercare leaflet...

Following the arrival of one or two items at Penlow that are not suitable for graves - I have written a new leaflet.

The idea of this is to distribute this to wider friends and family. Whilst I meet with most families before burials take place and the rules are explained and accepted - it is impossible to reach everyone.

This leaflet is designed to address the most frequently asked questions/ most frequent misunderstandings that we have.

Please find a link [here](#) to the leaflet on our website. I am happy to post out copies to anyone that would like to request them.

Thank you.



*very best wishes to you all,
with love, Sheridan & Tom*