Hi There

This week we will be focusing on information which is relevant **for your community members**. We have lots of great info to share about workshops, learning opportunities, job opportunities and much more! We hope that this new format will enable you to share this information directly with your local residents so they can access these opportunities. It would be great if you could give us some feedback about what information you would like to see feature in updates for community members as you will know what’s needed most in your local area. We look forward to hearing from you!

This week’s items are:

* **Free workshops for carers**
* **Adult learning online**
* **Rannoch Food Bank job opportunity**
* **Service user public partner election**
* **News from Westbank**
* **IRIS magazine**
* **The Quair magazine**

As always, if you have any information you would like us to share with our contacts, please send it to [CatherineGordon@pkc.gov.uk](mailto:CatherineGordon@pkc.gov.uk) so we can share the details on our next email update.

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**JOIN IN**

* **Free Workshops for Carers**

                New free training for unpaid carers aiming at improving wellbeing, resilience, coping skills and bringing more relaxation and calm. Please see the attached posters for more info.

**TRAINING & JOB OPPORTUNITIES**

* **Adult Learning Online** – An opportunity to improve your basic skills with free Adult Learning courses

      Take this opportunity to be part of free adult learning online. Live tuition with friendly community workers:  
      Meet new people  
      Have a go at brushing up your skills in project based learning  
      Gain a City & Guilds accreditation in Food and Hygiene, English for Speakers of Other Languages or City Phonics

      For more information see the attached flyer, phone or text 0777 555 3245, email [learningcurve@pkc.gov.uk](mailto:learningcurve@pkc.gov.uk) or leave a message on          01738 477092

* **Rannoch Food Bank Job Opportunity**

      Rannoch Community Trust is looking to recruit a part-time person to work for the Rannoch foodbank. More info [here](https://mailchi.mp/d36cc74a0ba8/live-classes-on-zoom-with-agathe-7237361?e=6c20fbd4cf), or contact Janine Holland on 07554 702533 or email [rannochcoordinator@gmail.com](mailto:rannochcoordinator@gmail.com)

**HAVE YOUR SAY**

* **Service User Public Partner Election**

**Do you care passionately about ensuring that people who use Health and Social Care services get good quality care and support?**

            The Perth and Kinross Service User Public Partner representative positions on the Integration Joint Board (IJB) are coming up for re-election through the Reference group. There are two positions available lead and substitute.

            The IJB has two volunteer service user public partners. The role of the Public Partners is to bring a service user perspective to the IJB in planning the future of Health and Social Care Services across Perth and Kinross. This is delivered through The Reference group as a forum, the Public Partners are the communication link between communities/service users and the IJB. The Public Partners also have representation on several strategy groups.

            The role and remit attached gives detail and guidance on this role.

            If you are interested and would like to nominate yourself, please complete the nomination form by **17th February 2021** and return to [CommunityEngagement@pkc.gov.uk](mailto:CommunityEngagement@pkc.gov.uk)

*There will be an opportunity to have a discussion with the members of the Reference Group at the next meeting 24th February to discuss your nomination. Members of the Reference group will vote for the Service User representatives with a deadline of 25 February to cast your vote.*

**Joining The Reference Group**

            If nominating yourself for Public Partner is not for you, why not consider being a part of the Reference Group.  The next meeting will be Wednesday 24th February 2021 – 10am-12noon (please contact us for the online meeting link).

            The Reference group is a place for individuals to have a say on how services are developed within Perth and Kinross.  People can come together and  share their lived experience stories, raise issues, concerns or create new ideas for change. Communication with the IJB is delivered hrough the Public Partners via the Reference group. The Reference group meets virtually prior to the IJB every two months.

            Poster attached for the meeting.

            The Public Partner roles and Reference Group are supported by the Community Engagement Team. If you require any further          information, please contact Fiona Johnstone or Heather Shields at [CommunityEngagement@pkc.gov.uk](mailto:CommunityEngagement@pkc.gov.uk)

**NEWSLETTERS**

* [**News from Westbank**](https://content.govdelivery.com/accounts/UKPKC/bulletins/2b75265)
* **The Atholl & Breadalbane Quair** - The February edition of The Atholl & Breadalbane Quair Community Magazine will be delivered to every one of the 7,100 households and businesses throughout Highland Perthshire week commencing 1st February 2021. Thank you so much to all of the businesses and contributors who support us and enable us to continue producing two premium magazines for the local community. If you've not got your copy yet you can see an online edition at [www.thequair.scot.](http://www.thequair.scot/?fbclid=IwAR2bQLyxYvZdbnTbkggJ0gkj_Q6DTcDGJrCt5jRIChC7HRcoO_FtBjGAYIA)
* [**IRIS February 2021**](https://issuu.com/heartlandfm/docs/february_2021_7?fr=sODg3MjI4MzExOTM)

As always – do please keep safe and well.

Kindest regards

Cat, Audra, Fiona, Alison, Jeannie and Jeni

The Highland and Strathtay Stronger Communities Team

**West side A9 Strathtay (Bankfoot, Moneydie, Pitcairngreen, Almondbank, Harrietfield, Logiealmond, Bertha Park, Dalguise and Amulree)**

Fiona Johnstone (coordinator), Community Engagement Worker

[FJohnstone@pkc.gov.uk](mailto:FJohnstone@pkc.gov.uk)      07935354561

**East side A9 Strathtay (Dunkeld, Stanley, Luncarty, Meikleour, Airntully Spittalfield, Murthly, Caputh, Meikleour, Kinclaven, Dowally etc.) area.**

 Fiona Johnstone (coordinator), Community Engagement Worker

[FJohnstone@pkc.gov.uk](mailto:FJohnstone@pkc.gov.uk)      07935354561

**Aberfeldy and surrounding areas, Grandtully, Strathtay, Kinloch Rannoch, Kenmore & Glenlyon areas**

Audra Webster, Healthy Communities

[audrawebster@nhs.net](mailto:audrawebster@nhs.net)      07896280852

**Pitlochry, Tummel Bridge, Blair Atholl, Calvine, Killiecrankie, Ballinluig, Logierait**

Cat Gordon, Community Learning and Development

[CatherineGordon@pkc.gov.uk](mailto:CatherineGordon@pkc.gov.uk)    07795368453